

Taryn Curiel



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Taryn Curiel is an abstract artist whose work is rooted in reflection, transformation, and the quiet beauty found in everyday life. Through restrained color palettes, organic and geometric forms, and thoughtfully balanced compositions, she creates paintings that invite contemplation and emotional connection. Her work explores ideas that are often felt more deeply than they can be expressed in words.

Born and raised in Mexico City, Taryn grew up in a creative environment where art was always present. One of her earliest influences was her grandfather, a talented watercolor painter whose passion for creating left a lasting impression. She later studied fashion and photography at El Instituto Tecnológico de la Moda and La Activa, experiences that sharpened her eye for composition, balance, and visual storytelling—elements that continue to shape her artistic practice.

After moving to the United States, Taryn found her way back to painting with a renewed sense of purpose. Over time, she developed a distinctive visual language that reflects both her personal journey and her way of seeing the world.

At the core of her work is the belief that growth often emerges through change. Taryn is drawn to the idea that even life's most difficult moments can reveal unexpected beauty, offering new perspectives and opportunities for transformation. Rather than telling viewers what to see, her paintings create space for personal reflection, allowing each person to find their own meaning within the work.

Although minimal in form, her paintings are layered with intention. Every shape, color, and negative space is carefully considered, creating a quiet visual rhythm that encourages stillness and presence. In a world that rarely slows down, her work offers a moment to pause, look more closely, and reconnect with what often goes unnoticed.

For Taryn, painting is both a personal practice and an invitation. She hopes her work brings a sense of calm, curiosity, and connection, reminding us that beauty is often found in simplicity and that transformation is rarely immediate—but is almost always unfolding beneath the surface.